

USDA National Nutrient Database for Standard Reference Release 28

Statistics Report 02075, Seasoning mix, dry, taco, original

Report Date: October 24, 2015 22:45 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	5.70	--	--	--	--	--	--	--	--	Calculated or imputed	02073	03/2013
Energy	kcal	322	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Energy	kJ	1346	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Protein	g	4.50	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Ash	g	31.80	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Carbohydrate, by difference	g	58.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fiber, total dietary	g	13.3	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Sugars, total	g	10.83	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Minerals													
Calcium, Ca	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Iron, Fe	mg	7.20	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Potassium, K	mg	1000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Sodium, Na	mg	7203	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Folate, total	µg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, food	µg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Vitamin A, IU	IU	3744	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013